

# AMENITIES ATTRACT RESIDENTS. COMMUNITY MAKES THEM STAY.

Modern residents are prioritising wellbeing, connection, and lifestyle more than ever before, with studies showing that **79% of people now actively prioritise their health and wellbeing in daily life**. At the same time, **87% of renters say they are more likely to stay when they feel part of a community**.

As expectations rise in BTR and luxury living, carefully curated experiences are **key to resident engagement and long-term retention**.

We help residential buildings create **meaningful wellbeing and social experiences that strengthen connection, encourage community, and elevate the resident experience beyond amenities alone**.



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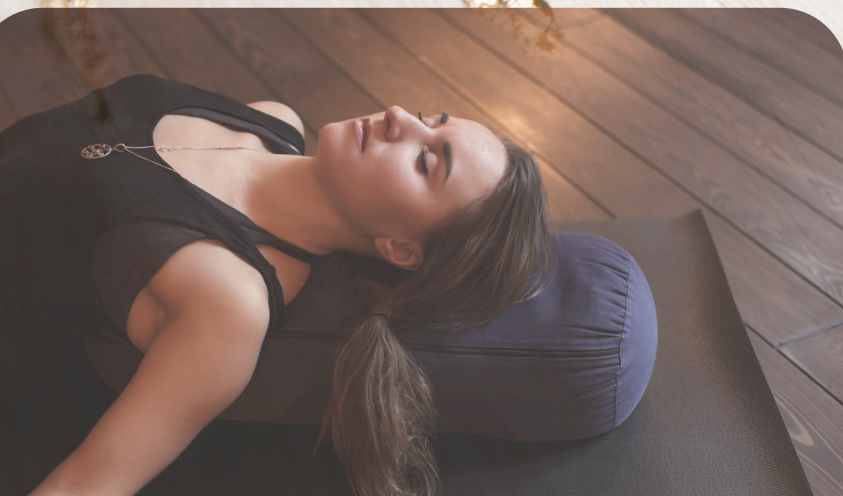
# WOMEN'S EVENTS SCHEDULE

## THE UNFORGETTABLE WELLNESS EXPERIENCE

### CALM YOUR MIND AFTERNOON

2 HOUR SESSION

- Meditation and restorative journalling practices to unwind and de-stress.
- Mandala Yoga: a creative blend of yin and vinyasa in circular movement to awaken the body, release tension, and finish with a guided meditation.



### ORGANIC AROMATHERAPY WORKSHOP

1.5 HOURS

Learn to create & take away a personalised luxury organic aromatherapy blend roller for relaxation, stress relief, and emotional balance & meditation session.



### EMPOWERED WOMAN DANCE WORKSHOP

2 HOURS

Theme of body confidence, letting go of what holds us back, embracing who we are and free expression

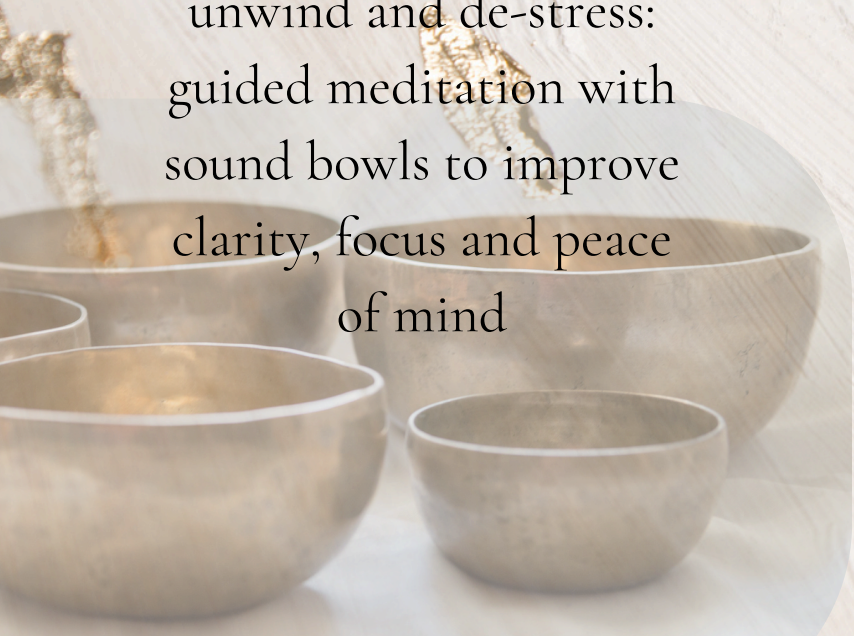


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# THE UNFORGETTABLE WELLNESS EXPERIENCE

## **MEN'S MIND AFTERNOON** 2 HOUR SESSION

- Stretch Class and Mind Calm: Deep stretches and movement to release tension in the muscles.
- Restoration session to unwind and de-stress: guided meditation with sound bowls to improve clarity, focus and peace of mind

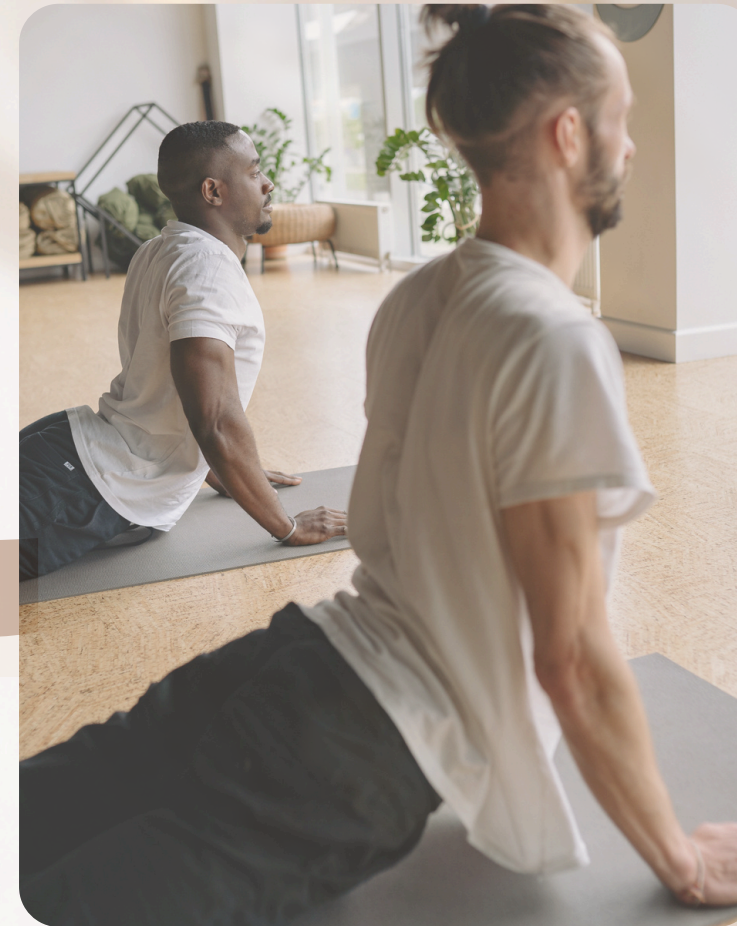


# MEN'S EVENTS SCHEDULE



## **MEN'S LUXURY PERSONAL STYLE WORKSHOP** 1,5 HOUR

Workshop delivered by  
International luxury  
Stylist to offer styling  
advice and colour  
guidance



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# EVENTS SCHEDULE

## THE UNFORGETTABLE WELLNESS EXPERIENCE



### LUXURY FLOWER CROWN MAKING WORKSHOP 2 HOUR SESSION

- A creative and mindful activity to craft your own flower crown, promoting relaxation, focus, and a sense of accomplishment.
- Reconnection and community building activity



### CLUBBERCISE 1 HOUR SESSION

- High-energy dance fitness class set to upbeat music
- Boosts mood & energy
- Encourages movement, fun, and stress release
- LED glow sticks and party lights create a fun, immersive atmosphere



### FLOATING SOUND BATH 1 HOUR SESSION

A soothing and restorative session on airbeds in the pool to help release tension and reset.

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# LET'S BUILD A COMMUNITY YOUR RESIDENTS FEEL PART OF

Every community is different, and we understand that.

We partner with residential teams to design and deliver tailored wellbeing and social experiences that **bring people together** naturally, from **monthly programming to seasonal activations and fully managed community experiences.**

Because people stay where they feel they belong.

**READY TO CREATE SOMETHING MEANINGFUL FOR YOUR RESIDENTS?**

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